

September/October/November 2019



4 Uxbridge Rd.

PO Box 544

Sutton, MA 01590

508-865-8752

Closed Oct. 14, Nov. 11 & 28



## Hours

Sunday	Closed
Monday	10 am—6 pm
Tuesday	10 am—8 pm
Wednesday	10 am—6 pm
Thursday	10 am—8 pm
Friday	10 am—6 pm
Saturday	10 am—3 pm

## FEATURED PROGRAMS

### The Healthy Vegan Cookbook Launch

Thursday, September 5 at 6:30 pm

It's here— Colin McCullough's vegan cookbook! Join us as we celebrate this amazing new edition to the printed word— The Healthy Vegan Cookbook. Colin will be here selling and signing copies and we'll have a variety of dishes made from the recipes in the book for you to sample!

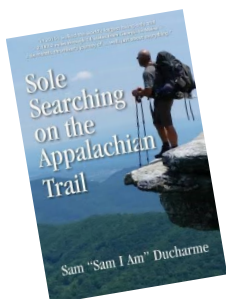


### Thru Hiking the Appalachian Trail

Thursday, October 24 at 6 pm

Those who attend this program will be treated to a modern day adventure. Sam Ducharme set out on a 2180 mile, 14 state backpacking trip from Springer Mountain, Georgia to Mt. Katahdin, Maine. During his six month journey he documented the rugged beauty of the Appalachian Mountains, the wildlife, the hardships encountered on the trail, as well as the people, culture and humanity at its finest. Come join him as he takes you through the trail towns, over the mountaintops and through the backcountry. See his gear, how he cooked, and hear what it is like sleeping in a hammock for six months through three seasons. You

will also hear how Sam returned to the trail the following year, connecting with aspiring Thru Hikers, paying it forward, and his return to the summit of Katahdin one year later. Signed copies of Sam's new book "Sole Searching on the Appalachian Trail" will be available for purchase after the program.



## Fall Fun for Kids and Families

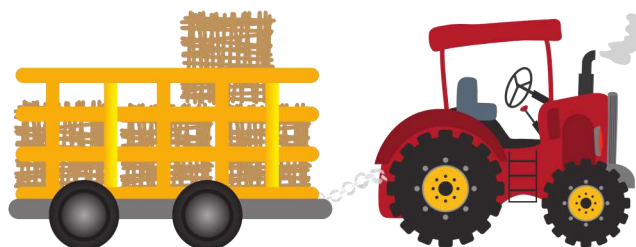
### Storytime and Hayride at Whittier Farms

Registration is appreciated, but not required

Friday, October 11 at 10:30 am

All ages

Join us for a super special storytime at Whittier Farms. We'll read stories, take a hayride and pick pumpkins! Whittier Farms is located at 90 Douglas Rd. in Sutton.



### Boo Bash!

All ages

Saturday, Oct. 26 from 1 - 2:30pm

Get ready for the most spooktacular event of the season! Games, crafts, and snacks and that's just what's going on at the Library! The Fire Department next door will be having a fabulous costume parade and party starting at 2:30, so come dressed to impress!

### Minecraft Fan Club Meetings

Ages 5 and up

Wednesday, Sept. 4 at 3:30 pm

Wednesday, Oct. 2 at 3:30 pm

Wednesday, Nov. 20 at 3:30 pm

Big fan of Minecraft? We are too! Come Join us as we talk about what we are building, share techniques, and just have fun! (please note: we do not actually play Minecraft during the meeting.)

## CHILDREN'S PROGRAMS

### Registration begins August 16 at 10 am

Programs require registration only where specifically noted, otherwise programs are drop in. In the case of inclement weather, the library's children's and teen programs will be cancelled if the Sutton schools are closed.

#### Crazy 8s Math Club

##### Registration required

For kids in kindergarten, first, and second grade  
Mondays at 4 pm

Sept. 23 - Nov. 25 (no class 10/14 & 11/11)

This is a new after-school math club designed to get kids fired up about math. Every week Crazy 8ers build stuff, run and jump, make music, make a mess... all while bonding with new friends over math. This program runs for 8 weeks and lasts 1 hour. Please note that you are committing to all 8 weeks when you sign up.

#### Music and Movement Program with Deb Hudgins!

Ages 1-5

**Teddy Bear, Teddy Bear:** Monday, Sept. 9 at 10:30 am

**Fabulous Fall:** Monday, Oct. 7 at 10:30 am

**Thanksgiving Celebration:** Monday, Nov. 4 at 10:30 am

Come sing and dance along with Deb Hudgins as she shares stories and songs that will get your body grooving and your mind growing!

#### Kidding Around Yoga with Nichole!

Ages 4-7

##### Registration required (for individual dates)

Tuesdays, Sept. 10, Oct. 8, and Nov. 12 at 5:30 pm

Kidding Around Yoga is a unique children's yoga organization with a line of original songs, games and stories that are used in their child geared yoga classes. These programs provide a sense of calm, balance, and power for every child that rolls out a mat.

*These programs are funded by a grant from The Osterman Family Foundation.*

#### You & Me Book Club

For kids ages 6-12 **and** their caregivers

We will discuss **The Last Kids on Earth** by Max Brallier on Wednesday, Oct 9 at 3:30 pm

We will discuss **The Dragon with a Chocolate Heart** by Stephanie Burgis on Wednesday, Dec. 11 at 3:30 pm.

This is a book group for young readers (around 6-12) and their caregivers. Read/listen to the selected title together (we have multiple copies at the desk). You will have about two months to read it. Then get together with us at the library for an activity/craft/event that goes along with the book!

**Storytimes are listed on the next page**

#### Lego Club Meetings

Ages 5 and up

Thursday, Sept. 12 at 4 pm

Friday, Sept. 27 at 4 pm

Thursday, Oct. 17 at 4 pm

Friday, Oct. 25 at 4 pm

Thursday, Nov. 14 at 4 pm

Friday, Nov. 22 at 4 pm

Join us for some building fun! We'll provide the Legos; you provide the creativity.

#### The Science of Cooking

Ages 5-8

##### Registration required (for individual dates)

Tuesday, Oct. 8 at 4 pm

Tuesday, Nov. 5 at 4 pm

Do you like food? Are you interested in science? In this program we will look at the science involved in creating and preparing different foods and then we will eat them!

*These programs are brought to you with federal funds provided by the Institute of Museum and Library Services and administered by the Massachusetts Board of Library Commissioners.*



#### The Art of Science

Ages 5-8

##### Registration required (for individual dates)

Tuesday, Oct. 22 at 4 pm

Tuesday, Nov. 26 at 4 pm

Painting is fun, right? But did you know it is also science? Join us as we make fun art creations and discover the science behind them.

*These programs are brought to you with federal funds provided by the Institute of Museum and Library Services and administered by the Massachusetts Board of Library Commissioners.*



#### Free Movie Friday

All ages

Friday, Sept. 20 at 4 pm

**Capture the Flag** (2015, Paramount Productions)

This movie is rated PG and has a running time of 97 mins.

Friday, Oct. 18 at 4 pm

**Secret Life of Pets 2** (2019, Universal Studios)

This movie is rated PG and has a running time of 86 mins.

Friday, Nov. 15 at 3:30 pm

**Aladdin** (2019, Walt Disney Studios)

This movie is rated PG and has a running time of 128 mins.



Come watch a fun family movie at the library! Popcorn will be provided courtesy of the Friends of the Sutton Public Library.

## TEEN AND TWEEN PROGRAMS

### Yoga with Nichole!

Ages 8-12

#### Registration required (for individual dates)

Tuesdays, Sept. 3, Oct. 1, and Nov. 5 at 5:30 pm

These programs provide a sense of calm, balance, and power for every person that rolls out a mat.

*These programs are funded by a grant from The Osterman Family Foundation.*

### Bon Appe-teen! Cooking classes for tweens and teens

#### Registration required (for individual dates)

Ages 10-18

*Appley Ever After:* Saturday, Sept. 7 at 11 am

*Gross Gourmet:* Saturday, Oct. 5 at 11 am

*Hot Soups:* Saturday, Nov. 2 at 11 am

Join us on our culinary journey, where we will prepare and eat delicious recipes that are easy to make!

*These programs are funded by a grant from The Osterman Family Foundation.*

### Don't Buy, DIY

Ages 12 -18

#### Registration required (for individual dates)

*Tea For Two:* Tuesday, Sept. 17 at 4 pm

*Jar Food:* Tuesday, Oct. 15 at 4 pm

*Gift Card Holders:* Tuesday, Nov. 19 at 4 pm

Not everything is a budget buy, so to save a little cash, let's DIY! In each of these sessions we will be making fiscally responsible alternatives to products you already buy. *These programs are funded by a grant from The Osterman Family Foundation.*

### Zombarbies!

Ages 8-18

#### Registration required

Saturday, Sept. 28 at 11 am

Sometimes our Barbies have seen better days.... when that happens, there's only one thing to do: turn them into Zombies! Prepare to create a monster!

### Understanding Credit

Ages 12-18

#### Registration appreciated, but not required

Tuesday, Sept. 24 at 4 pm

Cletus Thomas from American Consumer Credit Counseling (ACCC), a nonprofit credit counseling agency, will present this workshop where consumers will learn about various personal finance topics including but not limited to budgeting, credit and credit scores, banking and savings, retirement, insurance, taxes and more. *This program is funded by a grant from The Osterman Family Foundation.*



### Zombie Survival Course (and Pizza!)

Ages 10 and up

#### Registration required

Thursday, Oct. 10 at 12:30 pm

Here's your chance to come learn how to survive the zombie apocalypse or just a regular apocalypse... like camping. Topics include: Basic first aid & first aid kits, emergency "Bug Out Bags", knots & lashings, and emergency shelter construction anywhere! This is a hands-on workshop and is about 2 hours long. For those attending the program, we will be having pizza prior to the program starting at 12.

*This program is funded by a grant from The Osterman Family Foundation.*

### Red Cross CPR/AED Certification Training

#### Registration required

Ages 12 and up

Saturday, November 16 from 10:30 am - 2 pm

CPR/AED trains you to respond to cardiac and breathing emergencies that happen to both adults and children. All training classes include 2-year certifications (if you pass), free digital training material, and free digital certificates. This training is FREE, but space is limited and registration is required.



### Baby Storytime

Ages 6 - 24 months

Tuesdays at 10:30 am

Sept. 3 - Nov. 26

Songs, rhymes, and stories all geared towards little ones.

### Wednesday Storytimes

Ages 1-5

Wednesdays at 10:30 am

Sept. 4 - Nov. 27

Stories, songs, rhymes, and a craft

Please note that Wednesday and Thursday Storytimes follow the same format.

### Thursday Storytimes

Ages 1-5

Thursday at 10:30 am

Sept. 5 - Nov. 21

Stories, songs, rhymes, and a craft

Please note that Wednesday and Thursday Storytimes follow the same format.

### Storytime at the Bank!

Ages 1-5

Join Ms. Shannon at the Sutton North UniBank (next to Market 32 and Five Guys) for stories and a craft! UniBank's storytime will take place two Mondays every month at 10:30 am in the branch Community Room.

**Upcoming dates: Sept. 9 & 23, Oct. 7 & 21, Nov. 4 & 18**

## ADULT PROGRAMS

### Writing Group

Thursdays, Sept. 12, Oct. 10, Nov. 14 at 6 pm

Join local author Lisa Shea for our writing group. Come bounce your ideas off of other authors and get creative and constructive feedback.

### History of the Quabbin Reservoir

Thursday, November 7 at 6:30 pm

Dale Monette has taken DCR images from the Quabbin Reservoir archives from the mid 1930s of the construction of the Quabbin Reservoir and recreated these photographs from the same location in present day settings. Come see how the houses and scenes looked during the construction period of the Quabbin compared to what it looks like now some 80 years later. Many never seen before images from the DCR Archives are included in this program. You will also see pictures of what everyday life was like living in the four Quabbin Valley towns that would soon be no more.

### Book Discussion Groups

*We Were the Lucky Ones* by Georgia Hunter

Wed., September 18th at 11 am at the Senior Center

Thursday, September 19th at 6 pm at the Library

*The Woman in the Window* by A. J. Finn

Wed., October 16th at 11 am at the Senior Center

Thursday, October 17th at 6 pm at the Library

*Adventures of Sherlock Holmes* by Arthur Conan Doyle

Wed., November 20 at 11 am at the Senior Center

Thursday, November 21 at 6 pm at the Library

One great title— two chances to discuss it each month! Book club books will be available at the desk of the Library after the previous book group. Books for the Senior Center discussion are also available at the Senior Center.

### Don't Buy, DIY

**Registration required (for individual dates)**

*Tea For Two*: Tuesday, Sept. 17 at 6:30 pm

*Jar Food*: Tuesday, Oct. 15 at 6:30 pm

*Gift Card Holders*: Tuesday, Nov. 19 at 6:30 pm

Not everything is a budget buy, so to save a little cash, let's DIY! In each of these sessions we will be making fiscally responsible alternatives to products you already buy.

*These programs are funded by a grant from The Osterman Family Foundation.*

### Understanding Credit

Tuesday, Sept. 24

Registration appreciated, but not required

Ages 12-18 at 4 pm

Ages 18+ at 6 pm

Cletus Thomas from American Consumer Credit Counseling (ACCC), a nonprofit credit counseling agency, will present this workshop where consumers will learn about various personal finance topics including but not limited to budgeting, credit and credit scores, banking and savings, retirement, insurance, taxes and more. We will offer this workshop twice, one geared toward teens at 4 pm and the other toward adults at 6 pm.

*These programs are funded by a grant from The Osterman Family Foundation.*

### Homebound Delivery

Our Homebound Delivery program is rolling right along! This program is available to Sutton residents of any age who are confined to their homes either temporarily, due to illness or accidents, or permanently, due to disability, age, or other mobility issues. Services are also available to the in-home caregiver of a homebound patron. Give us a call at 508-865-8752 for more information.

### Handkerchief Pumpkins

Tuesday, October 8 at 11:30 am and 6:30 pm

Registration Required

Get crafty with us as we make pumpkins from handkerchiefs. Visit the Library to see a sample. This program is for adults and teens age 13 and up.

### Fresh Fall Soups

Tuesday, October 29 at 6:30 pm

Registration required

As the temps outside go down, it's time to enjoy hearty comforting soups. Colin McCullough will be demonstrating several recipes perfect for this time of year. These whole-food, plant-based soups will be heart-healthy as an added bonus!

### Book Turkeys

Tuesday, November 5 at 11:30 am and 6:15 pm

Registration required

Join us to make this unique turkey out of books! This program is for adults and teens age 13 and up.

